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# 7 DAYS SHIRA ROUTE | KILIMANJARO TREKKING

#### Day 0: Arrive in Tanzania

You will be picked up at the Kilimanjaro International Airport and transferred to your hotel in Moshi town; you will meet your guide who will brief you on your upcoming trek and do an equipment check to make sure you have all the necessary mountain gear. The missing gear can be rented on this day. Meals: No Meals Included.

# **DAY 1: Mooram starting point to Shira Camp**

We depart Moshi for Londorossi Gate, which takes about 4 hours; here we will complete entry formalities while guides and porters prepare equipment. We then continue to drive up a steep path to the Moram which is starting point where we will begin the hike. The trek starts through shrubs and giant heather until we reach shira 1 Camp.

Elevation: 11,800 ft to 11,800 ft

Distance: 4 km/2 miles Hiking Time: 1-2 hours

Meals: Breakfast, Lunch & Dinner Included

# DAY 2: Shira 1 Camp to Shira 2 Camp

Today is a fairly easy day to help with acclimatization. We begin by exploring the grassy moorland and volcanic rock formations on the plateau. Then we take a scenic path to the Shira Cathedral, a huge buttress of rock surrounded by steep spires and pinnacles, before settling at Shira 2 Camp.

Elevation: 11,800 ft to 12,500 ft

Distance: 6 km/4 miles Hiking Time: 2 hours

Meals: Breakfast, Lunch & Dinner Included

# **DAY 3: Shira 2 Camp to Lava Tower**

Elevation: 12,500 ft to 15,190 ft

Distance: 7 km/4 miles Hiking Time: 4-5 hours

Approx. time taken: 5-7 hours

We continue to the east up a ridge and then head southeast towards the Lava Tower – a 300 ft tall volcanic rock formation. We descend down to Barranco Camp through the strange but beautiful Senecio Forest to an altitude of 13,000 ft. Although you begin and end the day at the same elevation, the time spent at higher altitude is very beneficial for acclimatization.

#### Lava Tower to Barranco Camp

Elevation: 15,190 ft to 13,044 ft

Distance: 3 km/2 miles Hiking Time: 2-3 hours

Approx. time taken: 5-7 hours

Meals: Breakfast, Lunch & Dinner Included

# **DAY 4: Barranco Camp to Karanga Camp**

We begin the day by descending into a ravine to the base of the Great Barranco Wall. Then we climb the non-technical but steep, nearly 900 ft cliff. From the top of the Barranco Wall we cross a series of hills and valleys until we descend sharply into Karanga Valley. One more steep climb up leads us to Karanga Camp. This is a shorter day meant for acclimatization.

Elevation: 13,044 ft to 13,106 ft

Distance: 5 km/3 miles Hiking Time: 4-5 hours

Meals: Breakfast, Lunch & Dinner Included

# **DAY 5: Karanga Camp to Barafu Camp**

We leave Karanga and hit the junction which connects with the Mweka Trail. We continue up to the rocky section to Barafu Hut. At this point, you have completed the Southern Circuit, which offers views of the summit from many different angles. Here we make camp, rest and enjoy an early dinner to prepare for the summit day. The two peaks of Mawenzi and Kibo are viewable from this position.

Elevation: 13,106 ft to 15,331 ft

Distance: 4 km/2 miles Hiking Time: 4-5 hours

Meals: Breakfast, Lunch & Dinner Included

# **DAY 6: Barafu Camp to Uhuru Peak**

Elevation: 15,331 ft to 19,341 ft

Distance: 5 km/3 miles Hiking Time: 7-8 hours

Very early in the morning (around midnight), we begin our push to the summit. This is the most mentally and physically challenging portion of the trek. The wind and cold at this elevation and time of day can be extreme. We ascend in the darkness for several hours while taking frequent, but short, breaks. Near Stella Point (18,900 ft), you will be rewarded with the most magnificent sunrise you are ever likely to see coming over Mawenzi Peak. Finally, we arrive at Uhuru Peak- the highest point on Mount Kilimanjaro and the continent of Africa.

From the summit, we now make our descent continuing straight down to the Mweka Hut camp site, stopping at Barafu for lunch. The trail is very rocky and can be quite hard on the knees; trekking poles are helpful. Mweka Camp is situated in the upper forest and mist or rain can be expected in the late afternoon. Later in the evening, we enjoy our last dinner on the mountain and a well-earned sleep.

#### **Uhuru Peak to Mweka Camp**

Elevation: 19,341 ft to 10,065 ft

Distance: 12 km/7 miles Hiking Time: 4-6 hours

Meals: Breakfast, Lunch & Dinner Included

# **DAY 7: Mweka Camp to Mweka Gate**

Our last day, we continue the descent to Mweka Gate and getting the summit certificates. Here your team will be waiting you at the gate for the short celebration and singing some Kilimanjaro song plus traditionally while you are receiving the certificates. At lower elevations, it can be wet and muddy. From the camp to the gate, African traces transfer car will be at the gate piking you up to your hotel for hot shower and rest. Prepare for the safari in the next days or flying home.

Elevation: 10,065 ft to 5,380 ft

Distance: 10 km/6 miles Hiking Time: 3-4 hours

#### **Price Include**

>>Private transport to & from Kilimanjaro International Airport to your accommodations in Moshi.

>>2 nights of accommodation in Moshi.

>>Transportation to & from the Kilimanjaro gate

- >>Park entry fees,
- >>Camping fees.
- >>Team Kilimanjaro Rescue fees.
- >>18% VAT on tour fees & services
- >>4 Season mountain tents
- >>Double layered Sleeping Mats
- >>Friendly and professional mountain guides, cook and porters.
- >>3 hot meals daily while on the mountain.
- >>Enough treated & filtered drinking water throughout the trek.
- >>Hot water for washing. >>Fair wages for the mountain crew as approved by the Kilimanjaro National Park Authority (KINAPA), Kilimanjaro Association of Tour Operators (KIATO)
- >>Government taxes
- >>Portable oxygen tanks & ox meter
- >>Emergency first-aid kit.

#### Price Exclude

- >>Lunches, dinners and drinks at your hotel before and after climb.
- >>Travel insurance
- >>Flights.
- >>Laundry (Available at hotel).
- >>Personal items and toiletries.
- >>Tips for guides, porters and cook (this is a guide to tipping on the mountain).

Guide \$20-25/guide/day
Assistant guide \$ 15-20/guide/day

Cook \$12-15/day Porter's \$8-10/porter/day

Please Note: the tips listed for Kilimanjaro is per group not per individual traveler