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7 DAYS RONGAI ROUTE | KILIMANJARO TREKKING

Day 0: Arrive in Tanzania

You will be picked up at the Kilimanjaro International Airport and transferred to your hotel in Moshi town; you will meet your guide who will brief you on your upcoming trek and do an equipment check to make sure you have all the necessary mountain gear. The missing gear can be rented on this day. Meals: No Meals Included.

Day 1: Rongai Gate to Rongai Cave or Simba Cave

After breakfast, collecting the bags which supposed to go to Kilimanjaro and the rest can stay in the hotel. Then driving to Marangu Gate for permits, or drive straight to rongai gate we pass through the wooden village of NaleMoru, where the trailhead begins. The trail winds through corn and potato fields, and then climbs gently through the forest which is home to a variety of wildlife, including the Black and White Colobus Monkey. Camp at Rongai Cave.

Elevation (ft): 6,398 ft to 9,300 ft

Distance: 7 km

Hiking Time: 3-4 hours

Habitat: Rain Forest

Day 2: Rongai Cave to 2nd Cave to Kikelewa Cave

After breakfast our guides will start the medical checkup to make sure that you are going to hike the safety trekking on the second day. The hike being with a steady incline and reach 2nd Cave while en-route to Kikelewa Cave. In which you will have your hot lunch in the 2nd Cave. Proceed to Kikelewa cave where you will arrive at the late evening. Views of Kibo and the Eastern ice fields on the crater rim begin to emerge.

Elevation (ft): 9,300 ft to 11,811 ft

Distance: 12 km

Hiking Time: 6-8 hours

Habitat: Health

Day 3: Kikelewa Cave to Mawenzi Tarn Hut

The trekking today is short and steep, up a grassy slope. Views of the wilderness area are stunning. As we exit the heath zone and getting into the alpine desert zone, the landscape changes dramatically. Camp is situated beneath the jagged spires of Mawenzi. The remainder of the day can be spent relaxing or exploring the area.

Elevation (ft): 11,811 ft to 14,160 ft

Distance: 5 km

Hiking Time: 3-4 hours

Habitat: Alpine Desert

Day 4: (Acclimatization day) Mawenzi Tarn Hut

After the late breakfast our guides will do the medical checkup just to be sure that in the next day. This is an acclimatization day. We hike steadily up a ridge with fantastic views on both sides; the landscape is rugged and rocky. After spending a few moments exploring Mawenzi Ridge, we head back to Mawenzi Tarn for camp for hot lunch. These extra days on the trail give our bodies the opportunity to acclimatize and assist with summit day.

Elevation (ft): 14,160 ft to 14,400 ft to 14,160 ft

Distance: 4 km

Hiking Time: 2-4 hours

Habitat: Alpine Desert

DAY 5: Marwenzi Tarn to Kibo Hut

After the early morning breakfast and the medical checkup you will leave the camp to Kibo hut. The trail climbs gradually across the rocky lunar landscape as we traverse the “Saddle” between Mawenzi and Kibo Peaks. Our campsite for the night sits at the bottom of the Kibo crater wall. The remainder of the day is spent resting and preparing for the final ascent in the early morning, midnight.

Elevation (ft): 14,160 ft to 15,430 ft

Distance: 8 km

Hiking Time: 5-6 hours

Habitat: Alpine Desert

Day 6: Kibo Hut to Uhuru peak to Horombo Hut

The trekking start early in the morning (midnight to 12am), start the climb to the summit on steep and heavy scree or snow up to Gilman’s Point located on the crater rim (elev 5700m/18,700ft). Continuing, we now ascend to Uhuru Peak, which is the highest point in Africa. There are unbelievable views at every turn. You can take the pictures at the summit to show your friends and family. From here we descend, stopping for lunch and a rest at Kibo before continuing to Horormbo hut for the last camping. The beginning of this climb is done in the dark and requires headlamps or flashlights. It will be very cold until you start descending, so you will need all of your warm layers. This is by far the most difficult part of the trek with many switchbacks. Going slowly “pole pole” and an optimistic attitude will get you there!

Elevation: 4700m/15,500ft to 5895m/19,340ft

Down to 3700m/12,200ft

Distance: 6km/4mi up / 15km/9mi down

Hiking Time: 6-8 hours up / 15km/9mi down

Habitat: Alpine Desert.

Day 7: Horombo Hut to Marangu Gate

After breakfast, a steady descent takes us down through moorland to the Mandara Hut. Continue descending through lush forest path to the National Park gate at Marangu. At lower elevations, it can be wet and muddy. Gaiters and trekking poles will help. Shorts and t-shirts will probably be plenty to wear (keep rain gear and warmer clothing handy). This will be the last day of your trekking. At the gate you will get the Kilimanjaro certificate which you will be given by your guides at that time your team will be singing the Kilimanjaro songs plus the traditionally songs.

African Traces vehicle will meet you at Marangu gate to drive you back to your Hotel in Moshi for hot

shower and rest.

Elevation: 3700m/12,200ft to 1700m/5500ft

Distance: 20km/12.5mi

Hiking Time: 4-5 hours

Habitat: Forest.

Price Include

- >>Private transport to & from Kilimanjaro International Airport to your accommodations in Moshi.
- >>2 nights of accommodation in Moshi.
- >>Transportation to & from the Kilimanjaro gate
- >>Park entry fees,
- >>Camping fees.
- >>Team Kilimanjaro Rescue fees.
- >>18% VAT on tour fees & services
- >>4 Season mountain tents
- >>Double layered Sleeping Mats
- >>Friendly and professional mountain guides, cook and porters.
- >>3 hot meals daily while on the mountain.
- >>Enough treated & filtered drinking water throughout the trek.
- >>Hot water for washing. >>Fair wages for the mountain crew as approved by the Kilimanjaro National Park Authority (KINAPA), Kilimanjaro Association of Tour Operators (KIATO)
- >>Government taxes
- >>Portable oxygen tanks & ox meter
- >>Emergency first-aid kit.

Price Exclude

- >>Lunches, dinners and drinks at your hotel before and after climb.
- >>Travel insurance
- >>Flights.
- >>Laundry (Available at hotel).
- >>Personal items and toiletries.
- >>Tips for guides, porters and cook (this is a guide to tipping on the mountain).

Guide \$20-25/guide/day

Assistant guide \$ 15-20/guide/day

Cook \$12-15/day

Porter's \$8-10/porter/day

Please Note: the tips listed for Kilimanjaro is per group not per individual traveler