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# 6 DAYS MACHAME ROUTE | KILIMANJARO TREKKING

#### Day 0: Arrive in Tanzania

You will be picked up at the Kilimanjaro International Airport and transferred to your hotel in Moshi town; you will meet your guide who will brief you on your upcoming trek and do an equipment check to make sure you have all the necessary mountain gear. The missing gear can be rented on this day. Meals: No Meals Included.

## **DAY 1: Machame Gate to Machame Camp**

Drive from Moshi to the Mount Kilimanjaro National Park Gate takes about 45 minutes. The journeys pass through the village of Machame which is located on the lower slopes of the mountain. We now leave the park gate and walk through the rain forest on a winding trail up a ridge. Lower down, the trail can be muddy and slippery. Gaiters and trekking poles are a good idea here. We continue a short distance until we reach the Machame Camp.

Elevation: 1830m to 3000m, 6000ft to 10,200ft Distance covered: Approximately 11 kilometers

Vegetation: Montane Forest Approx. time taken: 5-7 hours

Meals: Breakfast, Lunch & Dinner Included

## **DAY 2: Machame Camp to Shira Camp**

After breakfast, we leave the glades of the rain forest and continue on an ascending path, crossing the little valley walking along a steep rocky ridge, covered with heather, until the ridge ends. The route now turns west onto a river gorge. Time for rest, dinner, and overnight at the Shira campsite.

Elevation: 3000m to 3840m, 10,200ft to 12,600ft

Distance: 5km

Hiking Time: 4-5 hours Vegetation: Moorland

Meals: Breakfast, Lunch & Dinner Included

## DAY 3: Shira Camp to Lava Tower to Barranco Camp

From the Shira Plateau, we continue to the east up a ridge, passing the junction towards the peak of Kibo. As we continue, our direction changes to the South East towards the Lava Tower, called the "Shark's Tooth." Shortly after the tower, we come to the second junction which brings us up to the Arrow Glacier at an altitude of 4876m / 15,997 ft. We now continue down to the Barranco Hut at an altitude of 3860m / 12,664 ft. Here we rest, enjoy dinner, and overnight. Although you end the day at the same elevation as when you started, this day is very important for acclimatization and will help your body prepare for summit day.

Elevation: 3800m to 4630m to 3986m, 15,000ft to 13,700ft

Distance covered: Approximately 11 kilometers

Vegetation: Semi-desert Approx. time taken: 5-7 hours

Meals: Breakfast, Lunch & Dinner Included

## DAY 4: Barranco Camp to Barafu Camp

After breakfast, we leave Barranco and continue on a steep ridge up the Barranco Wall, through the Karanga Valley (lunch at 4200m / 13,779 ft), and the junction which connects with the Mweka Trail. We continue up to the Barafu Hut. You have completed the South Circuit, which offers views of the summit from many different angles. Here we make camp, rest, enjoy dinner, and prepare for the summit day. The two peaks of Mawenzi and Kibo are to be seen from this position.

Elevation: 3900m to 4600m, 13,007ft to 15,295ft Distance covered: Approximately 9 kilometers

Vegetation: Alpine Desert Approx. time taken: 8 hours

Meals: Breakfast, Lunch & Dinner Included

## **DAY 5: Barafu Camp to Summit to Mweka Camp**

Very early in the morning (midnight to 2am),, we continue our way to the summit. You head in a northwesterly direction and ascend through heavy scree towards Stella Point on the crater rim. This is the most mentally and physically challenging portion of the trek. At Stella Point (5685m / 18,652 ft), you will stop for a short rest and will be rewarded with the most magnificent sunrise you are ever likely to see (weather permitting).

From Stella Point, you will encounter snow all the way on your 2-hour ascent to the summit. At Uhuru Peak, we have reached the highest point on Mount Kilimanjaro and the continent of Africa. Faster hikers will see the sunrise from the summit. It can be very cold at night at these elevations, but it will be quite warm by the end of the hiking day. You will want clothing for both extremes with you.

From the summit, we now make our descent continuing straight down to the Mweka Hut camp site, stopping at Barafu for lunch. You will want gaiters and trekking poles for the loose gravel going down. Mweka Camp is situated in the upper forest and mist or rain can be expected in the late afternoon. Later in the evening, we enjoy our last dinner on the mountain and a well-earned sleep. Beer and soda may be available for purchase at the Mweka Hut — the only location on this route.

Elevation: 4600m to 5895m (and down to 3100m) 15,100ft to 19,300ft (and down to 10,200ft)

Distance: 5km ascent / 12km descent

Hiking Time: 6-8 hours ascent / 3 hours descent Vegetation: Stone scree and ice-capped summit Meals: Breakfast, Lunch & Dinner Included

## DAY 6: Mweka Camp to Mweka gate

After breakfast, we continue the descent down to the Mweka Park Gate to receive your summit certificates. At lower elevations, it can be wet and muddy. Gaiters and trekking poles will help. Shorts and t-shirts will probably be plenty to wear (keep rain gear and warmer clothing handy). A vehicle will meet you at Mweka gate to drive you back to hotel in Moshi

Elevation: 3100m to 1830m, 10,200ft to 6000ft

Distance: 10 km Hiking Time: 3-4 hours Vegetation: Forest

Meals: Breakfast, Lunch & Dinner Included

#### Price Include

- >>Private transport to & from Kilimanjaro International Airport to your accommodations in Moshi.
- >>2 nights of accommodation in Moshi.
- >>Transportation to & from the Kilimanjaro gate
- >>Park entry fees,
- >>Camping fees.
- >>Team Kilimanjaro Rescue fees.
- >>18% VAT on tour fees & services
- >>4 Season mountain tents
- >>Double layered Sleeping Mats
- >>Friendly and professional mountain guides, cook and porters.
- >>3 hot meals daily while on the mountain.
- >>Enough treated & filtered drinking water throughout the trek.
- >>Hot water for washing. >>Fair wages for the mountain crew as approved by the Kilimanjaro National Park Authority (KINAPA), Kilimanjaro Association of Tour Operators (KIATO)
- >>Government taxes
- >>Portable oxygen tanks & ox meter
- >>Emergency first-aid kit.

#### Price Exclude

- >>Lunches, dinners and drinks at your hotel before and after climb.
- >>Travel insurance
- >>Flights.
- >>Laundry (Available at hotel).
- >>Personal items and toiletries.
- >>Tips for guides, porters and cook (this is a guide to tipping on the mountain).

Guide \$20/guide/day Cook \$15/day Porter's \$10/porter/day